

For your Health and Wellness!

Chiropractic for Chronic Ear Infections

Healthychild.com/Jane Sheppard

More and more parents are beginning to look to Chiropractors to complement their children's healthcare. Chiropractic care involves diagnosing spinal misalignments and correcting them by adjusting the spine. Chiropractors attempt to get to the root cause of a health problem rather than just treating the symptoms. Misalignments of the spine (also called subluxations) can occur during childbirth, from tumbles or falls, or from any other normal activity. Misalignments left untreated can irritate the nerves and eventually disrupt the body's ability to function properly. The purpose of the chiropractic adjustment is to help to restore the normal functioning of the nervous system so the body can heal itself without the use of drugs or surgery.

Ear infections or otitis media accounts for over 35% of all pediatrician visits in the United States. Antibiotics, the usual treatment, are not always effective and may even lead to a recurrence of ear infections or harmful side effects. Many children are dealing with a continuing cycle of repeat ear infections, which lands them back at the pediatrician for more antibiotics. For nearly 100 years, the chiropractic profession has claimed that ear and other upper respiratory infections respond favorably to chiropractic adjustments.

Ear pain is the number one reason for a child's visits to chiropractors. Many chiropractors believe that there is a strong link between the birthing process and recurrent ear infections, also known as otitis media. During the birthing process, cervical (neck) vertebrae can be misaligned, disrupting nerve function, which can affect the Eustachian tube. This may lead to fluid buildup in middle ear and cause otitis media.

A promising study published in the Journal of Clinical Chiropractic Pediatrics indicates that there is a strong correlation between chiropractic adjustments and a resolution of ear infections. 332 children with chronic ear infections participated in the study. Each child, ranging in age from 27 days to five years were given a series of chiropractic adjustments. The results show that close to 80% of the children did not experience another ear infection within the six-month period following their initial visits. The six-month period included maintenance treatments of every four to six weeks.

Chiropractic treatment is a conservative, drugless approach to consider trying if your child has a history of chronic ear infections. There are no invasive procedures, and chiropractors do not use drugs that can have harmful side effects.

Dr. Caprile has continuing education specifically geared to the treatment of children. He is certified in the Webster technique for pregnancy also. Using kinesiology muscle testing he can determine the need and effectiveness of whole foods supplements used in Nutrition Response Testing. These supplements also help to increase the response of the immune system and provide drainage for these immune challenges. Chiropractic adjusting and Nutrition Response Testing in combination tremendously increase the chances of success in helping to alleviate chronic ear infections in children.



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