

**For your Health and Wellness!**

# DRUGGING OUR CHILDREN?

Many of the prescriptions or refills dispensed to children and teens in 2009 were for conditions not normally associated with children. Take a look at these staggering statistics (U.S. only; from most to least dispensed):

## **ADHD drugs:** **24.357 million**

- Children 0-9 years: 7,018 million
- Children 10-19 years: 17,339 million

## **Antidepressants:** **9.614 million**

- Children 0-9 years: 1,026 million
- Children 10-19 years: 8,588 million

## **Antipsychotics:** **6.546 million**

- Children 0-9 years: 1,396 million
- Children 10-19 years: 5,150 million

## **Antihypertensives** **(treatment for high blood pressure):** **5.224 million**

- Children 0-9 years: 1,819 million
- Children 10-19 years: 3,405 million

## **Asthma drugs:** **45.388 million**

- Children 0-9 years: 28,252 million
- Children 10-19 years: 17,136 million

## **Sleep aids:** **307,000**

- Children 0-9 years: 14,000
- Children 10-19 years: 293,000

## **Statins** **(treatment for high cholesterol):** **94,000**

- Children 0-9 years: 11,000
- Children 10-19 years: 83,000

## **Non-insulin-dependent** **(type 2) diabetes:** **424,000;**

- Children 0-9 years: 30,000
- Children 10-19 years: 394,000



Dr. Caprile's primary goal when caring for you *and* your children is to allow the body to heal itself naturally. That means using conservative treatment options such as nutrition, diet, lifestyle changes and chiropractic adjustments first, rather than medication.

**Compliments of Dr. Robert Caprile, Chiropractor**  
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